



Lead the Way in Inclusive CPR Training with the PRESTAN Female Manikin

As instructors, you know the importance of creating a realistic and engaging training environment where students can build the skills and confidence to save lives. The PRESTAN Female Manikin elevates your training in a way that goes beyond traditional manikins, addressing a critical gap in CPR & AED education. Gender representation prepares your students to confidently assist anyone during an emergency—ensuring no one is left behind.

The **PRESTAN Female Manikin** is equipped with an intuitive CPR Rate Monitor that provides instant compression rate (lights in the shoulder) and depth (click in the chest) feedback to both instructors and students. It's fully compliant with current industry guidelines, including the latest AHA Integrated Feedback Directive, ensuring your training is always up to date.

But the impact of the PRESTAN Female Manikin goes far beyond its technical features—it's about shaping the future of CPR training:



Build Confidence and Address Student Concerns.

Gender representation in training does more than create a realistic scenario; it opens the door for critical conversations. By incorporating the Female Manikin, you give your students the opportunity to ask questions, dispel myths and overcome common fears about performing CPR and using an AED on women. This engagement fosters a deeper understanding and prepares students to act confidently.

Engage Your Students with Realistic Training.

It's vital to train students in scenarios that reflect real-world situations where anyone—man or woman—might need emergency assistance. With the same lifelike look and feel as our Professional Adult Manikin, the PRESTAN Female Manikin offers a realistic training experience that prepares students for what they may encounter in real life.

When paired with the PRESTAN Female Accessory (to represent a bra), Manikin Shirt and AED Trainer, you can transform training by providing additional scenarios and offering

a comprehensive, realistic learning experience that builds confidence in performing these life-saving skills.

Set Your Classes Apart.

CPR & AED education severely lacks gender representation, but you have the power to change that. Adding the PRESTAN Female Manikin to your training toolkit sets your classes apart and leads the way in comprehensive, inclusive education and hands-on training. Your students will leave with the skills, knowledge and confidence to perform CPR and use an AED on anyone, making your sessions more impactful and memorable.



We're proud to offer this innovative tool to help take your training to the next level. If you have yet to explore the PRESTAN Female Manikin, please reach out to your PRESTAN Authorized Distributor today to learn more about how it can benefit your classes and empower your students. If you do not have a PRESTAN Authorized Distributor, please visit <https://www.prestan.com/find-a-distributor/> to find one near you.

THANK YOU for your commitment to **building confidence** by advancing CPR & AED training and for being a leader in creating a more inclusive approach to saving lives.

To read more about the PRESTAN Female Manikin, please visit:

[Train Your Students With the Confidence and Skills to Perform Lifesaving CPR on Women](#)

[PRESTAN Releases Female CPR Manikin To Improve Survival Rates For Women](#)

[Let's Save More Women's Lives Together: The Impact of Gender-Inclusive CPR Training](#)



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